

GastroChef's All-purpose Seasoning

Ingredients

1 tsp dried basil
1 tsp ground mace
1 tsp dried marjoram
1 tsp ground cloves
1 tsp dried thyme
1 tsp nutmeg
1 tsp oregano
1 tsp black pepper
1 tsp parsley
½ tsp cayenne pepper

Directions

1. Combine all ingredients into a mortar and pestle
2. Mash all spiced for 3-4 minutes to ensure release of flavours into mixture
3. Store spiced mix in an air-tight container or mason jar
4. Can be used to flavor any salad or meat dish

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